A perfect Table

DECLARING

The Aſsiſe or weight of Bread, by Troy and Avoirdupois weights.

Extracted and taken out of the new Booke entituled Artachthos, *by the Compoſer thereof.*

Not only for the ſervice of the Citie of London, but for the whole Realme; To the end that everie one, as well poore as rich, may trie the weight of the Bakers bread, by ther ſort of weights, and finding it too light, complaine to the Magiſtrate, or preſent them at the Seſſions of the Peace, Court-Leet, or elſewhere.

HVMBLY DEDICATED

To the Right Honourable the Lord Maior of the Citie of London, and his right worthy Succeſſors for their owne particular, annuall, ſucceſſive Manſions in that eminent Office. As alſo reſpectively commended to all other Magiſtrates and Officers, whoſe dutie it is to looke unto the juſt Aſſiſe and weight and generally all others whom it may conceme.

WHat Armes more honourable? for herein
The Croſſe of CHRIST *who died for humane ſin,*
Is repreſented, and a Sword withall,
Not of Sr. William Walworth, *but* St. Paul;
In memorie of his glorious way of dying,
Nero *his Heathen God, and power defying;*
Yet Englands Chronicle hath well declar'd,
Where that ſtout Pretor Honours bountie ſhar'd,
And Londons true Surveyour hath not err'd,
Shewing from whence the Sword was thus preſerr'd.

That Motto ſupplicant in Latine phraſe,
The hearts of Paul *and* Peter *well diſplayes,*
(Both fellow-Martyrs) and doth ſerve no leſſe
Our Cities pious Rulers to expreſſe;
How they deſire not only Gods protection,
But, in all Truth and Juſtice, his direction.
O Lord, protect them, ſave them from all harmes,
With wiſdome infinite, Almightie armes;
O Lord, direct them, that they never ſwerve,
But ever may theſe Armes maintaine, deſerve.

So ſayeth
So prayeth } *I. P. C. L.*

THE LAVVES OF GOD againſt falſe weights and meaſures, and all kinds *of Deceit.*

Levit. chap. 19. verſ. 35, 36.

Yee ſhall not doe unjuſtly in judgement, in line, in weight, or in meaſure, &c.

Prov. chap. 11. verſ. 2. chap. 20. verſ. 11, 23.

Falſe Balances are an abhomination unto the Lord, but a perfect weight pleaſeth him.

Chap. 20. verſ. 26.

He that withdraweth the corne, the people will curſe him, but Bleſſings ſhall be upon the head of him that ſelleth corne.

Chap. 11. verſ. 18.

The wicked worketh a deceitfull work; but he that ſoweth righteouſneſſe ſhall receive a ſure reward.

Mich. chap. 6. verſ. 11.

Shall I juſtifie the wicked balances, and the bag of deceitfull weights.

Pſal. 101. verſ. 7.

There ſhall no deceitfull perſon dwell in my houſe.

Amos chap. 8. verſ. 4, 5, 6, 7.

Heare this, O yee that ſwallow up the poore, yee that make the needie of the land to faile.

Saying, when will the new Moone be gone, that we may ſell corne, and the Sabbath, that we may ſet forth wheat, and falſifie the weights by deceit:

That wee may buy the poore for ſilver, and the needie for ſhooes; yea, and ſell the refuſe of the wheat?

The Lord hath ſworne by the excellencie of *Iacob*; Surely I will never forget any of their works.

Deut. chap. 25. verſ. 13.

Thou ſhalt not have in thy bag two manner of weights, a great and a ſmall: neither ſhalt thou have in thy houſe divers meaſures, a great and a ſmall; but thou ſhalt have a right and a juſt weight, a perfect and juſt meaſure ſhalt thou have.

The Compoſers Concluſion.

Rich Lawes and threats divine doe thus adviſe,
Bakers, beware, keep juſtly your Aſſiſe;
For though on earth your puniſhment be ſmall,
Your faults be great, in Hell you'l pay for all.

The Penny VVheaten Loafe.

Wheat the Quarter. *Price.*	*By Troy Weight.* O. P. Nu.	*By Avoirdupois Weight.* O. D. 73. Nu.	De.
xx s. vi d.	24 15 9	27 1 6 1	41
xxi s.	24 3 3	26 3 66 5	7
xxi s. vi d.	23 12 8	25 6 71 41	43
xxii s.	23 1 5	25 2 20 6	11
xxii s. vi d.	22 11 1	24 5 57 2	5
xxiii s.	22 1 9	24 1 35 12	23
xxiii s. vi d.	21 12 0	23 5 87 0	
xxiiii s.	21 3 0	23 1 31 0	
xxiiii s. vi d.	20 14 18	22 5 46 37	49
xxv s.	20 6 2	22 2 0 14	25
xxv s. vi d.	19 18 6	21 6 37 39	51
xxvi s.	19 10 6	21 3 11 10	13
xxvi s. vi d.	19 3 5	20 7 68 1	53
xxvii s.	18 16 0	20 4 60 0	
xxvii s. vi d.	18 9 9	20 1 60 13	55
xxviii s.	18 2 4	19 6 68 2	7
xxviii s. vi d.	17 16 4	19 4 10 14	9
xxix s.	17 10 2	19 1 33 6	29
xxix s. vi d.	17 4 8	18 6 62 20	59
xxx s.	16 18 2	18 4 24 4	5
xxx s. vi d.	16 12 52	18 1 66 17	61
xxxi s.	16 7 15	17 7 40 15	31
xxxi s. vi d.	16 2 2	17 5 20 1	7
xxxii s.	15 17 1	17 3 5 0	4
xxxii s. vi d.	15 12 24	17 0 67 53	65
xxxiii s.	15 7 7	16 6 62 4	11
xxxiii s. vi d.	15 3 3	16 4 61 29	67
xxxiiii s.	14 18 10	16 2 64 14	17
xxxiiii s. vi d.	14 14 6	16 2 72 8	23
xxxv s.	14 10 2	15 7 10 29	35
xxxv s. vi d.	14 5 69	15 5 26 7	71
xxxvi s.	14 2 60	15 3 45 0	
xxxvi s. vi d.	13 18 10	15 1 67 28	73
xxxvii s.	13 14 14	15 0 20 4	37
xxxvii s. vi d.	13 10 18	14 6 49 1	25
xxxviii s.	13 7 3	14 5 8 1	19
xxxviii s. vi d.	13 3 53	14 3 43 2	77
xxxix s.	13 0 4	14 2 7 11	13
xxxix s. vi d.	12 17 1	14 0 48 32	79
xl s.	12 13 4	13 7 18 3	5
xl s. vi d.	12 10 2	13 5 64 1	3
xli s.	12 7 25	13 4 39 21	41
xli s. vi d.	12 4 52	13 3 17 4	83
xlii s.	12 1 5	13 1 69 6	7
xlii s. vi d.	11 18 74	13 0 51 73	85
xliii s.	11 16 4	12 7 35 42	43
xliii s. vi d.	11 13 11	12 6 22 4	29
xliiii s.	11 10 8	12 5 10 3	11
xliiii s. vi d.	11 8 12	12 4 0 28	89
xlv s.	11 5 5	12 2 65 1	5
xlv s. vi d.	11 3 11	12 1 58 79	91
xlvi s.	11 0 16	12 0 54 6	23
xlvi s. vi d.	10 18 10	11 7 51 10	31
xlvii s.	10 16 0	11 6 50 0	
xlvii s. vi d.	10 13 69	11 5 50 23	95
xlviii s.	10 11 1	11 4 52 0	2
xlviii s. vi d.	10 9 31	11 3 55 22	97
xlix s.	10 7 9	11 2 59 43	49
xlix s. vi d.	10 5 1	11 1 65 10	11
l s.	10 3 1	11 1 0 7	25

Wheat the Quarter. *Price.*	*By Troy Weight.* O. P. Nu.	*By Avoirdupois Weight.* O. D. 73. Nu.	De.
l s. vi d.	10 1 3	11 0 8 96	101
li s.	9 19 1	10 7 18 15	17
li s. vi d.	9 17 13	10 6 30 4	103
lii s.	9 15 3	10 5 42 5	13
lii s. vi d.	9 13 13	10 4 55 31	35
liii s.	9 11 29	10 3 70 27	53
liii s. vi d.	9 9 81	10 3 13 24	107
liiii s.	9 8 0	10 2 30 0	
liiii s. vi d.	9 6 30	10 1 47 88	109
lv s.	9 4 32	10 0 66 34	55
lv s. vi d.	9 2 34	10 0 15 15	37
lvi s.	9 1 2	9 7 34 1	7
lvi s. vi d.	8 19 77	9 6 55 91	113
lvii s.	8 18 2	9 6 5 7	19
lvii s. vi d.	8 16 64	9 5 28 93	115
lviii s.	8 15 1	9 4 53 3	29
lviii s. vi d.	8 13 7	9 4 5 3	13
lix s.	8 12 4	9 3 31 10	59
lix s. vi d.	8 10 74	9 2 57 107	119
lx s.	8 9 1	9 2 12 2	5
lx s. vi d.	8 7 97	9 1 40 79	121
lxi s.	8 6 26	9 0 69 39	61
lxi s. vi d.	8 5 3	9 0 26 14	41
lxii s.	8 3 23	8 7 56 23	31
lxii s. vi d.	8 2 54	8 7 14 103	125
lxiii s.	8 1 1	8 6 46 4	7
lxiii s. vi d.	7 19 111	8 6 5 123	127
lxiiii s.	7 18 5	8 5 39 0	8
lxiiii s. vi d.	7 17 17	8 4 72 28	43
lxv s.	7 16 12	8 4 33 59	65
lxv s. vi d.	7 14 130	8 3 68 99	131
lxvi s.	7 13 9	8 3 31 2	11
lxvi s. vi d.	7 12 88	8 2 67 23	133
lxvii s.	7 11 35	8 2 30 48	67
lxvii s. vi d.	7 10 2	8 1 67 4	5
lxviii s.	7 9 5	8 1 32 7	17
lxviii s. vi d.	7 8 28	8 0 70 74	137
lxix s.	7 7 3	8 0 36 4	23
lxix s. vi d.	7 6 10	8 0 2 42	139
lxx s.	7 5 1	7 7 41 32	35
lxx s. vi d.	7 4 0	7 7 9 0	
lxxi s.	7 2 70	7 6 49 39	71
lxxi s. vi d.	7 1 141	7 6 17 79	143
lxxii s.	7 1 0	7 5 59 0	
lxxii s. vi d.	7 0 4	7 5 27 128	145
lxxiii s.	6 19 5	7 4 70 14	73
lxxiii s. vi d.	6 18 6	7 4 39 45	49
lxxiiii s.	6 17 7	7 4 10 2	37
lxxiiii s. vi d.	6 16 40	7 3 53 88	149
lxxv s.	6 15 9	7 3 24 13	25
lxxv s. vi d.	6 14 70	7 2 68 126	253
lxxvi s.	6 13 11	7 2 40 10	39
lxxvi s. vi d.	6 12 12	7 2 12 70	17
lxxvii s.	6 11 65	7 1 [illegible] 1	77
lxxvii s. vi d.	6 10 154	7 1 30 123	155
lxxviii s.	6 10 2	7 1 3 12	13
lxxviii s. vi d.	6 9 54	7 0 70 4	137
lxxix s.	6 8 40	7 0 36 4	23
lxxix s. vi d.	6 7 [illegible]	[illegible]	
lxxx s.	[illegible]	[illegible]	

The Demonſtration and uſe of this Table.

BY the ſeverall Intitulations, or words on the head of each Columne, the ſame is ſufficiently deſcribed; where note, under the words, *By Troy Weight*, O ſignifies *Ounces*; P, *Penny-weights*, and the figures thereunder reſpectively placed, ſignifie ſo many Ounces and Penny-weights.

Vnder the words, *By Avoirdupois weight*, O ſignifies *Ounces*; D, *Drams*, and the figures thereunder reſpectively placed, ſignifie ſo many Ounces and Drams.

As for 73. *Nu.* and *De.* in reſpect the ſame ſtand for Fractions, being ſet downe, not to be ſtrictly required, or ſtood upon; but to prove the more exact computation of this Table, I refer you for the better underſtanding and uſe thereof, to the ſaid new Booke of Aſſiſe.

Now for the uſe of this Table.

Suppoſe, when the Second Wheat (which is the Red, being unground) is ſold for xxxiii s. the Quarter in the Market, you would know what the Aſſiſe or weight of the Penny wheaten loafe ſhould be in London, or any other Citie, Borough, or Corporate Towne, where white, wheaten, and houſhold are uſually baked and ſold. In this caſe, conſidering the Baker is allowed by the Orders in the ſaid new Booke, vi s. for the baking of a quarter of wheat, over and above the price of the Second wheat in the Market, look under the word (*Price*) for xxxix s. and directly againſt it you ſhall find the weight of the Penny wheaten loafe *Troy* is 13 ounces; *Avoirdupois*, 14 ounces 2 drams, beſides the Fractions, which you may omit, as not worthy regard. Secondly, to know what the Aſſiſe or weight of the ſame Loafe ſhould be, out of Cities, Boroughs, or Corporate Townes; or in Cities, Boroughs, or Corporate Townes, where white & houſhold only are uſed to be baked, and ſold; conſidering that the Baker there is allowed by the ſaid orders but iiii s. for the baking of a quarter of wheat over and above the price of the Second wheat in the Market: Looke for xxxvii s. under the ſaid word (*Price*) & directly againſt it, you ſhall find the weight thereof, as is before directed. To conclude:

For the other two ſorts of Bread.

Note, that according to the Statute, and the ancient order and cuſtome of this Country, three halfe-penny white muſt weigh a penny wheaten, and two penny white muſt weigh a penny houſhold, as is more at large declared in the ſaid new Booke; which being commended by his Majeſties Proclamation, (wherein the ſaid Booke is declared to be verie falſe, and unfit for uſe) contains a larger Table of the Aſſiſe of the three ſorts of Bread, extending to v l. the quarter of wheat, beſides many neceſſarie Orders, Rules, Tables, Caveats and Inſtructions, for the regulating of the Bakers, and the puniſhing of thoſe offend: and ſhewing what Bread [illegible] and of whom you may buy the fitteſt [illegible] with a true relation of the moſt [illegible] famines happened within this Realme [illegible] in or ſithens the Conqueſt [illegible] ling of the price of wheat [illegible] time, with the ſeverall [illegible] prudent Magiſtrate may [illegible]

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